

**P-05-736 To Make Mental Health Services More Accessible –  
Correspondence from the petitioner to the Committee, 06.03.18**

Hi Kayleigh,

This is a bit long but here's my feed back from what I watched and read in the transcript

What I heard was unbelievable all I've heard is let's chuck money at these services. I also heard him say "I'm trying to be sensitive about her situation" there are many others who are also in a sensitive situation.

Vaughan getting AM said we're investing in crisis care when? And how much? How is he going to make sure these services are properly improved.

He then goes on to say next budget round will also go into trying to improve crisis care Aswell so he's gone back on his words that he first said. The whole mental health service needs reinvestment and new management strategy put in place to progress and develop these services.

It seems to me none of my questions were answered by the AM instead he kept going off topic and talking about money constantly.

As Janet said people are going into her office not 1 or 2 people but floods of people crying for help and they still are not getting the help.

There is lack of communication within the whole mental health service, people don't communicate letters get lost waiting times are longer than ever.

I have to wait 18 months to even see ptsd for any kind of treatment at the moment I'm waiting to be assessed again by them it's already been 4 months and I'm still waiting for an assessment.

I'm also back and for to hospital with constant panic attacks and none of the doctors understand if anything if you have another illness they go on to say oh that's related with your mental health when no it isn't.

A lot of doctors nurses gps police officers are not trained in mental health therefore do not understand our needs.

The system is still letting individual people down all you have to do is turn on the news and you will see how many suicides there are each year the rate is increasing year by year.

Gps need to start working with there patients instead of describing medication constantly if you spoke to 20 mental health patients 19 of them would be on medication because the doctor does not know how to deal with it.

To get even assessed by charities like mind it's a 12 month waiting list cruse bervemeant is even longer.

When you go to see a gp they should see the warning signs of a mental health patient.

Instead they do not see the warning signs and leaflets are given.

I want crisis care leaflets to be stopped I don't want the patient to ring crisis care themselves I want the gps to on behalf of the patient if they see the patient struggling.

I feel like the AM hasn't really read my petition and what I want changing instead he's going off what's he's seen and heard.

I'm the meeting I heard since my petition there has been quite a few petitions handed in about mental health services this just shows how many people are being let down by the whole service.

I want this petition to go further. And I want people to understand my petition properly instead of money being chucked at these services and that's it.

I would like my petition debated and if possible I would like to also be there to speak up not just for me but for the many hundreds if not thousands in wales who are also suffering but scared to come forward and tell my story.

I can't thank you all enough for backing my petition all the way this is something that needs I be sorted sooner than later.

I look forward to hearing the outcome.

Laura Williams